

Nazareth D3 Elite Meet
Golisano Training Center - 2/14/2025 to 2/15/2025
Results

Women 60 Meter Dash

AARFTC: 8.05 A

Facility: 7.65 F 3/7/2020 Amanda Crooks

	Name	Yr	School	Prelims
Preliminaries				
1	Catherine Egan	FR	Catholic	A 8.00Q
2	Rachel Kulp	FR	RIT	A 8.03Q
3	Erin Buckley	SO	Catholic	A 8.05Q
4	Megan Burns	SO	Catholic	8.18Q
5	Nyasia Marsh	SO	Utica	8.08q
6	Alexis Lasher	JR	Nazareth	8.10q
7	Kortney Clipper	FR	Catholic	8.11q
8	Shiann Williams	FR	Utica	8.14q
9	Abigail Springer	SR	King's (Pa.)	8.15
10	Ella Radley	FR	Fisher	8.20
11	Nicolette DuBose	SO	Oneonta	8.22
12	Sam Pynn	SR	SUNY Geneseo	8.23
13	Kayla Huba	JR	SUNY Geneseo	8.24
14	Tina Kyriacou	JR	Rochester	8.24
15	Maya Hatch	JR	Rochester	8.30
16	Lindsay Tellez	FR	SUNY Geneseo	8.32
17	Gracie French	FR	Juniata	8.33
18	Lizzie Merrill	FR	Rochester	8.34
19	Brianna Senatore	SO	Oneonta	8.35
20	Ariana D'Onofrio	SO	SUNY Geneseo	8.37
21	Jasmine Kendrick	SO	Nazareth	8.40
22	Hannah Ragule	SR	Nazareth	8.41
23	Haley Beman	FR	Alfred State	8.43
24	Kristanna Samascott	FR	Oneonta	8.46
25	Gigi Ferro	SO	SUNY Geneseo	8.48
26	Peytyn Geer	SO	Nazareth	8.60
27	Brianna Fenderson	FR	FDU-Florham	8.65
28	Sadie Omilian	FR	Rochester	8.66
29	Toni Adewakun	SO	Rochester	8.70
30	Ashlee Sphabmixay	JR	Oneonta	8.98

Women 60 Meter Dash

AARFTC: 8.05 A

Facility: 7.65 F 3/7/2020 Amanda Crooks

	Name	Yr	School	Finals
Finals				
1	Rachel Kulp	FR	RIT	8.00A
2	Catherine Egan	FR	Catholic	8.05A
3	Alexis Lasher	JR	Nazareth	8.14
4	Nyasia Marsh	SO	Utica	8.14
5	Kortney Clipper	FR	Catholic	8.14
6	Shiann Williams	FR	Utica	8.15
7	Erin Buckley	SO	Catholic	8.16
8	Megan Burns	SO	Catholic	8.18

Women 200 Meter Dash

AARFTC: 26.50 A

Facility: 25.35 F 3/7/2020 Eshone Cofield-Jackson

	Name	Yr	School	Finals
Finals				
1	Marissa Wise	SR	Brockport St	25.44A
2	Caroline Hill	SR	RIT	25.96A
3	Catherine Egan	FR	Catholic	26.31A
4	Brigid Byrnes	SO	Catholic	26.39A
5	Lexi Rodriguez	JR	Brockport St	26.47A
6	Sam Pynn	SR	SUNY Geneseo	26.50A
7	Clare Marsh	SR	Catholic	26.64
8	Olivia Barbacci	JR	Juniata	26.66
9	Kayla Huba	JR	SUNY Geneseo	26.66
10	Danielle Jackson	SR	Oneonta	26.71
11	Erin Buckley	SO	Catholic	26.84
12	Gabrielle Baker	SR	Union (N.Y.)	26.93
13	Jaiden Schrag	FR	Oneonta	26.94
14	Alexis Lasher	JR	Nazareth	27.00
15	Kortney Clipper	FR	Catholic	27.12
16	Abigail Springer	SR	King's (Pa.)	27.20
17	Catherine Stava	FR	CMU	27.24
18	Maya Hatch	JR	Rochester	27.27
19	Gigi Ferro	SO	SUNY Geneseo	27.30
20	Bianca Burke	JR	FDU-Florham	27.30
21	Mia McConnell	SO	Catholic	27.31
22	Lizzie Merrill	FR	Rochester	27.33
23	Jasmine Kendrick	SO	Nazareth	27.34
24	Nyasia Marsh	SO	Utica	27.40
25	Brianna Senatore	SO	Oneonta	27.42
26	Megan Burns	SO	Catholic	27.45
27	Isabella Lagios	FR	SUNY Geneseo	27.52
28	Courtney Bostic	JR	Brockport St	27.58
29	Zoe King	JR	CMU	27.60
30	Peyton Classer	FR	Rochester	27.76
31	Tina Kyriacou	JR	Rochester	27.89
32	Zoey Brown	SO	Catholic	27.90
33	Ella Radley	FR	Fisher	27.91
34	Nicolette DuBose	SO	Oneonta	27.92
35	Ava Butcher	SO	King's (Pa.)	27.95
36	Kristanna Samascott	FR	Oneonta	27.97
37	Tessa Patchen	FR	Brockport St	28.11
38	Lily Rexford	SO	Brockport St	28.20
39	Chelsea Reynolds	FR	Brockport St	28.20
40	Victoria Zultevecz	SR	King's (Pa.)	28.21
41	Monica Cammarota	FR	Brockport St	28.24
42	Mackenzie Kubat	FR	SUNY Geneseo	28.74
43	Ashley Sheldon	SO	Union (N.Y.)	28.78
44	Sage Douglass	SR	Oneonta	29.10
45	Lanna Wandy	SR	SUNY Geneseo	29.31
46	Jasmine Ayre	FR	Nazareth	29.62
47	Julia Largett	JR	Rochester	29.62
48	Alin Aydogan	FR	CMU	29.71
49	Brianna Fenderson	FR	FDU-Florham	30.09

Nazareth D3 Elite Meet
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Results

Women 400 Meter Dash

AARFTC: 1:00.50 A

Facility: 56.41 F 12/9/2022 Madeline O'Connor

Name	Yr	School	Finals
Finals			
1	Marissa Wise	SR Brockport St	58.02A
2	Shiann Williams	FR Utica	58.45A
3	Lexi Rodriguez	JR Brockport St	58.92A
4	Clare Marsh	SR Catholic	58.97A
5	Brigid Byrnes	SO Catholic	59.50A
6	Gabrielle Baker	SR Union (N.Y.)	1:00.36A
7	Olivia Barbacci	JR Juniata	1:00.54
8	Danielle Jackson	SR Oneonta	1:00.80
9	Mia McConnell	SO Catholic	1:01.34
10	Grace Yarkosky	FR Plattsburgh	1:01.83
11	Samantha Luba	JR Nazareth	1:01.86
12	Catherine Stava	FR CMU	1:01.97
13	Ava Butcher	SO King's (Pa.)	1:02.04
14	Bianca Burke	JR FDU-Florham	1:02.10
15	Peyton Classer	FR Rochester	1:02.22
16	Lily Rexford	SO Brockport St	1:02.43
17	Monica Cammarota	FR Brockport St	1:02.47
18	Isabella Lagios	FR SUNY Geneseo	1:02.57
19	Ariana Proper	SO Brockport St	1:02.58
20	Samantha Crisci	JR RIT	1:02.77
21	Courtney Bostic	JR Brockport St	1:02.77
22	Zoey Brown	SO Catholic	1:02.81
23	Jorja DeCarlo	FR RIT	1:02.89
24	Emma Wright	SR Fisher	1:03.68
25	Jordan Wagner	SO Nazareth	1:03.87
26	Isabella Scott	FR Plattsburgh	1:03.91
27	Lindsay Tellez	FR SUNY Geneseo	1:03.97
28	Brianna Wise	FR Plattsburgh	1:04.42
29	Emma Mahoney	FR Plattsburgh	1:04.83
30	Justine Draper	SR RIT	1:05.75

Women 800 Meter Run

AARFTC: 2:23.00 A

Facility: 2:14.25 F 3/5/2022 Lisa Pink

Name	Yr	School	Finals
Finals			
1	Sierra Doody	JR SUNY Geneseo	2:12.57F
2	Natalia Sweat	FR Oneonta	2:18.16A
3	Lydia Bennett	SR Grove City	2:18.42A
4	Audrey Karwowski	JR Grove City	2:18.99A
5	Emma Horsley	FR CMU	2:19.35A
6	Kyleigh Record	FR Union (N.Y.)	2:19.54A
7	Catherine Dacey	SR Union (N.Y.)	2:20.17A
8	Bethel Flanagan	FR Union (N.Y.)	2:23.11
9	Cayla Lawrence	SO Grove City	2:24.75
10	Eva Woodworth	JR Oneonta	2:26.13
11	Julia Lantner	JR Rochester	2:27.47
12	Rhythm Satav	SR CMU	2:27.75
13	Isabella Doty	JR Rochester	2:28.15
14	Grace Caterina	FR Fisher	2:29.32

15	Ava Baker	SO Nazareth	2:29.34
16	Mia Constantin	SR CMU	2:29.66
17	Sophia DiGennaro	FR RIT	2:29.99
18	Talia Christopher	FR Rochester	2:30.25
19	Abigail Bowman	FR Nazareth	2:30.55
20	Ruthie Weinmann	FR SUNY Geneseo	2:31.30
21	Lauren Yonko	SR Brockport St	2:34.92
22	Grace Estus	SO Plattsburgh	2:36.95

Women 1 Mile Run

AARFTC: 5:20.00 A

Facility: 4:55.72 F 3/2/2024 Dale Leonard

Name	Yr	School	Finals
Finals			
1	Lydia Bennett	SR Grove City	4:56.30A
2	Emily Moehringer	SR Catholic	4:56.93A
3	Cayla Lawrence	SO Grove City	5:15.47A
4	Caitlin Guilfoyle	SR CMU	5:15.71A
5	Margaret Ann Healy	JR CMU	5:16.61A
6	Elise Kempf	FR CMU	5:18.13A
7	Kelsey Fahy	SO Nazareth	5:18.35A
8	Samantha Krayeski	SR Oneonta	5:23.71
9	Ella Impaglia	JR Nazareth	5:24.77
10	Chloe Kirgan	SO SUNY Geneseo	5:26.19
11	Abbey Moose	SO SUNY Geneseo	5:26.72
12	Sabrinna Mena	SR Oneonta	5:27.63
13	Bailey Visingard	SO Nazareth	5:30.36
14	Sarah Smith	SR Plattsburgh	5:30.42
15	Abigail Thomas	JR RIT	5:31.61
16	Grace Estus	SO Plattsburgh	5:32.38
17	Salvatrice Piccolo	FR Brockport St	5:35.24
18	Sierra Basco	SR Brockport St	5:35.96
19	Jade Kimmel	SR RIT	5:36.75
20	Hayley Kilgore	SR CMU	5:38.46

Women 3000 Meter Run

AARFTC: 10:40.00 A

Facility: 9:57.95 F 1/28/2023 Windsor Ardner

Name	Yr	School	Finals
Finals			
1	Grace Smith	SR Grove City	10:19.40A
2	Annabel Dobash	SO Union (N.Y.)	10:31.58A
3	Catherine Manna	FR Utica	10:36.65A
4	Georgia Nussey	SR Catholic	10:40.47
5	Marlo Townsend	SO Utica	10:41.83
6	Laurel McMahon	SO Catholic	10:48.40
7	Sabrina Antonini	SR Fisher	10:55.04
8	Lauren May	SR CMU	10:56.29
9	Alexandra Ventresca	SR SUNY Geneseo	10:56.89
10	Jennifer Reagan	SR Brockport St	11:06.67
11	Therese Georgia	SO RIT	11:11.82
12	Baillee Burton	SO Fisher	11:11.85
13	Katherine Peterson	SR SUNY Geneseo	11:15.04
14	Emilie Rosecan	SO Union (N.Y.)	11:16.62
15	Olivia Komacek	SO Oneonta	11:24.08
16	Anna Tessier	JR SUNY Geneseo	11:29.93

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Finals ... (Women 3000 Meter Run)

	Name	Yr	School	Finals
17	Sophia Allen	FR	Oneonta	11:31.79
18	Natalia Biehl-Narvaez	JR	SUNY Geneseo	11:32.78
19	Emily Perham	FR	Nazareth	11:41.98
20	Kara Goldstein	FR	Rochester	11:57.54

Women 5000 Meter Run

AARFTC: 18:50.00 A

Facility: 16:40.29 F 3/6/2021 Parley Hannan

	Name	Yr	School	Finals
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Finals

1	Annika Hurley	JR	SUNY Geneseo	17:54.34A
2	Alyssa Hoffman	SR	CMU	18:07.63A
3	Ella Blau	SO	Rochester	18:31.23A
4	Alicia Lawson	SR	Rochester	18:32.76A
5	Isabel Marzec	SR	SUNY Geneseo	18:34.62A
6	Andie Burton	SR	Rochester	18:36.11A
7	Riley Joseph	JR	Rochester	18:36.42A
8	Marissa Colvin	SO	Plattsburgh	18:48.54A
9	Gia Engel	SO	Oneonta	18:48.78A
10	Kennedy Doran	SO	Nazareth	19:07.32
11	Alyssa Horng	JR	Rochester	19:16.26
12	Sophia McNavich	FR	Catholic	19:35.53
13	Audrey Carragher	SR	Fisher	19:40.01
14	Meghan Moyer	SO	Nazareth	19:42.41
15	Morgan Pospiech	SO	Nazareth	19:54.15
16	Abigail Polus	SO	Brockport St	19:57.63
17	Sophie Bagley	SO	SUNY Geneseo	20:07.72
18	Sophia Maum	SO	Brockport St	20:11.00
19	Jillian Humphrey	JR	Brockport St	20:53.92

Women 60 Meter Hurdles

AARFTC: 9.50 A

Facility: 8.56 F 3/2/2024 Natalia Sawyer

	Name	Yr	School	Prelims
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Preliminaries

1	Jaiden Schrag	FR	Oneonta	A 9.37Q
2	Rania Sabri	JR	RIT	A 9.48Q
3	Samantha Luba	JR	Nazareth	9.52Q
4	Alin Aydogan	FR	CMU	9.60Q
5	Ashley Sheldon	SO	Union (N.Y.)	9.78Q
6	Victoria Zultevecz	SR	King's (Pa.)	9.60q
7	Mackenzie Kubat	FR	SUNY Geneseo	9.68q
8	Iniya Mohanraj	JR	CMU	9.72q
9	Eko Dodd-Brown	SO	Oneonta	9.72
10	Lexi Rodriguez	JR	Brockport St	9.73
11	Lanna Wandy	SR	SUNY Geneseo	9.78
12	Amelia Petersen	SO	Utica	9.85
13	Marissa LeDuc	JR	Plattsburgh	9.88
14	Alicia Vo	SO	Catholic	9.94
15	Olivia Jensen	SO	Utica	10.04
16	Lily Rexford	SO	Brockport St	10.04
17	Mia McConnell	SO	Catholic	10.08
18	Isabella Frick	FR	Utica	10.12
19	Katie Atkins	FR	Rochester	10.20

20	Hayly Fredrickson	SR	Fisher	10.25
21	Emily Brame	SO	RIT	10.28
22	Lauren Bendall	SR	Nazareth	10.31
23	Meya McKown	SO	Nazareth	10.35
24	Elaina Neubert	FR	Brockport St	10.40
25	Monica Cammarota	FR	Brockport St	10.40
26	Jasmine Ayre	FR	Nazareth	10.53
27	Julie Durham	FR	Rochester	10.54
28	Mallory Rice	SO	Nazareth	10.56
29	Ashlee Sphabmixay	JR	Oneonta	10.63
30	Kaitlyn Burt	SO	Nazareth	10.65
31	Jenna Hostetler	FR	Nazareth	10.77
32	Sage Douglass	SR	Oneonta	10.81

Women 60 Meter Hurdles

AARFTC: 9.50 A

Facility: 8.56 F 3/2/2024 Natalia Sawyer

	Name	Yr	School	Finals
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Finals

1	Jaiden Schrag	FR	Oneonta	9.15A
2	Samantha Luba	JR	Nazareth	9.45A
3	Victoria Zultevecz	SR	King's (Pa.)	9.53
4	Rania Sabri	JR	RIT	9.54
5	Alin Aydogan	FR	CMU	9.55
6	Ashley Sheldon	SO	Union (N.Y.)	9.63
7	Iniya Mohanraj	JR	CMU	9.69
8	Mackenzie Kubat	FR	SUNY Geneseo	9.75

Women 4x400 Meter Relay

AARFTC: 4:10.00 A

Facility: 3:50.60 F 3/4/2022 Geneseo

J Strickland, L Zopf, M Mulder, A Flaitz

	Team	Relay	Finals
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Finals

1	RIT	A	4:05.45A
2	Oneonta	A	4:08.48A
3	SUNY Geneseo	A	4:11.94
4	Plattsburgh St.	A	4:12.55
5	Nazareth	A	4:13.00

Women Distance Medley

AARFTC: 13:10.00 A

Facility: 11:52.83 F 3/6/2020 Ithaca

M Nickerson, K Hutchison, L Scott, P Hannan

	Team	Relay	Finals
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Finals

1	Grove City	A	12:02.96A
2	Union (N.Y.)	A	12:18.34A
3	Oneonta	A	12:34.17A
4	Nazareth	A	12:43.87A
5	Utica	A	13:12.38
6	St. John Fisher	A	13:48.02
7	Nazareth	B	14:21.15

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Results

Women High Jump

AARFTC: 1.58m A

Facilty: 1.65m F Susann Foley/Avery McNulty

	Name	Yr	School	Finals
Finals				
1	Hannah Allison	SO	Utica	1.61mA
2	Sasha Schramm	JR	Brockport St	1.53m
2	Kathryn Hillyard	FR	Fisher	1.53m
4	Emily Richardson	FR	Alfred State	1.53m
4	Sydney LaSalle	JR	Nazareth	1.53m
6	Michaela Levesque	SR	Brockport St	1.48m
7	Justice Crane	SO	Brockport St	1.48m
8	Alicia Vo	SO	Catholic	1.48m
9	Catalina Howells	FR	CMU	1.48m
10	Gigi Ferro	SO	SUNY Geneseo	1.43m
11	Mackenzie Kubat	FR	SUNY Geneseo	1.38m
---	Ashley Sheldon	SO	Union (N.Y.)	NH
---	Tessa Patchen	FR	Brockport St	NH
---	Gabriella Primrose	FR	Nazareth	NH

Women Pole Vault

AARFTC: 3.30m A

Facilty: 4.03m F 3/1/2024 Madeline O'Connell

	Name	Yr	School	Finals
Finals				
1	Madeline O'Connell		Unattached	3.73mA
2	Isabel Morse	JR	Nazareth	3.73mA
3	Ava Barnes	FR	CMU	3.48mA
4	Victoria Zultevicz	SR	King's (Pa.)	3.33mA
5	Kiara Tornusciolo	JR	Nazareth	3.33mA
6	Hazel Buonopane	SO	CMU	3.33mA
7	Olivia Barbacci	JR	Juniata	3.33mA
8	Abby Kopeck	FR	Rochester	3.18m
9	Emily Frech	SR	Fisher	3.03m
9	Kate Stamper	SR	CMU	3.03m
11	Gianna Batista	JR	SUNY Geneseo	2.88m
11	Madysen Bush	FR	Nazareth	2.88m
11	Katie Atkins	FR	Rochester	2.88m
11	Samantha Schlectman	JR	RIT	2.88m
11	Ashley LaReddola	FR	Oneonta	2.88m
16	Kora Dininny	FR	Brockport St	2.88m
---	Becca Bready	JR	Brockport St	NH
---	Mya Henry	SR	Brockport St	NH
---	Keely Schock	FR	Brockport St	NH
---	Isabel Swyers	SO	Brockport St	NH
---	Ciara Murphy	SR	Brockport St	NH

Women Long Jump

AARFTC: 5.30m A

Facilty: 6.01m F 2/10/2024 Corintia Griffith

	Name	Yr	School	Finals
Finals				
1	Ariana D'Onofrio	SO	SUNY Geneseo	5.36mA
2	Kayla Huba	JR	SUNY Geneseo	5.25m
3	Zoe King	JR	CMU	5.25m

4	Rachel Kulp	FR	RIT	5.23m
5	Marissa LeDuc	JR	Plattsburgh	5.20m
6	Nora Devitt	SR	Utica	5.19m
7	Alin Aydogan	FR	CMU	5.19m
8	Jasmine Kendrick	SO	Nazareth	5.14m
9	Iniyaa Mohanraj	JR	CMU	5.13m
10	Ashleigh Barrett	JR	Rochester	5.10m
11	Kianna Naval	FR	Fisher	5.08m
12	Katie Jacques	SR	Nazareth	5.07m
13	Lanna Wandy	SR	SUNY Geneseo	5.06m
14	Victoria Rogoyski	FR	Fisher	5.02m
15	Ciarra Franz	SR	Fisher	5.02m
16	Elizabeth Brandt	FR	Fisher	5.01m
17	Zeniyah Gholson	JR	Utica	5.00m
18	Jaiden Schrag	FR	Oneonta	4.98m
19	Raelen Green	FR	Rochester	4.98m
20	Sydney LaSalle	JR	Nazareth	4.98m
21	Sam Pynn	SR	SUNY Geneseo	4.94m
22	Grace McInerney	FR	Rochester	4.93m
23	Jocelyn Kiefel	SR	CMU	4.92m
24	Peytyn Geer	SO	Nazareth	4.91m
25	Hannah Ragule	SR	Nazareth	4.91m
26	Corinne Albicker	SO	SUNY Geneseo	4.87m
27	Jordan Wagner	SO	Nazareth	4.86m
28	Emily Lopez	SO	SUNY Geneseo	4.82m
29	Elsye Klump	FR	SUNY Geneseo	4.82m
30	Haley Beman	FR	Alfred State	4.76m
31	Brigid Byrnes	SO	Catholic	4.75m
32	Gracie Conlan	FR	Rochester	4.73m
33	Sadie Omilian	FR	Rochester	4.70m
34	Quinn Taylor	SR	Rochester	4.70m
35	Anna Johnson	SO	Rochester	4.69m
36	Eko Dodd-Brown	SO	Oneonta	4.62m
37	Isabelle Briggs	FR	SUNY Geneseo	4.61m
38	Sophia Bruce	SO	Utica	4.55m
39	Lauren Bendall	SR	Nazareth	4.55m
40	Safia Sesay	SO	Brockport St	4.51m
41	Erin Driscoll	JR	Catholic	4.37m

Women Triple Jump

AARFTC: 10.90m A

Facilty: 13.18m F 2/23/2024 Corintia Griffith

	Name	Yr	School	Finals
Finals				
1	Nora Devitt	SR	Utica	11.20mA
2	Elsye Klump	FR	SUNY Geneseo	11.16mA
3	Jocelyn Kiefel	SR	CMU	11.01mA
4	Iniyaa Mohanraj	JR	CMU	10.98mA
5	Katie Jacques	SR	Nazareth	10.79m
6	Isabelle Briggs	FR	SUNY Geneseo	10.72m
7	Madysen Bush	FR	Nazareth	10.69m
8	Sydney LaSalle	JR	Nazareth	10.67m
9	Violet Ameele	SR	RIT	10.38m
10	Zeniyah Gholson	JR	Utica	10.37m
11	Sasha Schramm	JR	Brockport St	10.36m
12	Hannah Ragule	SR	Nazareth	10.34m

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Finals ... (Women Triple Jump)

	Name	Yr	School	Finals
13	Alicia Vo	SO	Catholic	10.26m
14	Kianna Naval	FR	Fisher	10.24m
15	Sophia Bruce	SO	Utica	10.10m
16	Gracie Conlan	FR	Rochester	9.97m
17	Corinne Albicker	SO	SUNY Geneseo	9.86m
18	Emily Lopez	SO	SUNY Geneseo	9.86m
19	Ashleigh Barrett	JR	Rochester	9.58m
20	Safia Sesay	SO	Brockport St	8.77m
---	Ariana D'Onofrio	SO	SUNY Geneseo	FOUL

Women Shot Put

AARFTC: 11.80m A

Facility: 16.15m F 2/17/2023 Victoire Kothor

	Name	Yr	School	Finals
Finals				
1	Zoe Connor	SR	SUNY Geneseo	12.93mA
2	Emily DiMarco	SR	RIT	12.56mA
3	Cora Rose	SR	Rochester	12.51mA
4	Marinna Heichberger	JR	RIT	12.26mA
5	Deziree Garrick	SR	Rochester	12.06mA
6	Payton Mehalick	JR	SUNY Geneseo	11.99mA
7	Tarryn Herman	JR	Oneonta	11.82mA
8	Kathleen Monahan	JR	CMU	11.77m
9	Trinity Dees	JR	Brockport St	11.76m
10	Lauren Jaklitsch	SO	SUNY Geneseo	11.62m
11	Erin McGuinness	JR	Fisher	11.56m
12	Rebecca Heuler	SR	Brockport St	11.53m
13	Brandy Varner	JR	King's (Pa.)	11.39m
14	Aimee Oszer	SO	Rochester	11.34m
15	Ciara Donegan	SR	Catholic	11.33m
16	Madison Vargas	SO	Rochester	11.27m
17	Mackenzie Lawrence	FR	Oneonta	11.20m
18	Wealthy Robinson	FR	Oneonta	11.18m
19	Riley King	SO	Utica	11.11m
20	Katrina Chandler	JR	Brockport St	10.97m
21	Sierra Myers	FR	Fisher	10.82m
22	Janiesha Dureny	FR	Alfred State	10.66m
23	Liz Kingston	JR	Brockport St	10.64m
24	Amelia Geck	SO	RIT	10.63m
25	Gabi Ragozzine	JR	Oneonta	10.62m
26	Rhian Crowley	SO	Brockport St	10.53m
27	Madison Kirkpatrick	SO	Brockport St	10.30m
28	Bella Rivera	FR	Brockport St	10.18m
29	Morgan Collazo	SR	Fisher	10.18m
30	Emily Rolince	SO	Nazareth	10.05m
31	Savana Henry	FR	Brockport St	9.93m
32	Sarah Parr	SR	Brockport St	9.64m
33	Ella Manellis	FR	SUNY Geneseo	9.63m
34	Bailee Drummond	SO	RIT	9.58m
35	Hailey Hrouda	SO	Utica	9.56m
36	Ranasia Bailey	JR	Utica	9.47m
37	Harmony Sanders	FR	Plattsburgh	9.36m
38	Ashley Tubbs	SO	SUNY Geneseo	9.22m
39	Amanda Hausle	JR	Utica	8.77m

40	Lanna Wandy	SR	SUNY Geneseo	8.62m
41	Jessica Thiss	FR	CMU	7.59m
42	Lauren Bendall	SR	Nazareth	7.16m
---	Lainey Porter	SR	Brockport St	FOUL

Women Weight Throw

AARFTC: 14.60m A

Facility: 17.97m F 3/2/2024 Lea Richard

	Name	Yr	School	Finals
Finals				
1	Lea Richard	SR	Nazareth	17.81mA
2	Lauren Jaklitsch	SO	SUNY Geneseo	16.72mA
3	Zoe Connor	SR	SUNY Geneseo	16.52mA
4	Deziree Garrick	SR	Rochester	15.23mA
5	Tarryn Herman	JR	Oneonta	14.98mA
6	Riley King	SO	Utica	14.97mA
7	Ella Manellis	FR	SUNY Geneseo	14.74mA
8	Liv Ilasz	JR	Rochester	14.52m
9	Brandy Varner	JR	King's (Pa.)	14.24m
10	Christina Valicenti	JR	Fisher	14.17m
11	Katrina Chandler	JR	Brockport St	14.02m
12	Ashley Tubbs	SO	SUNY Geneseo	13.90m
13	Gabi Ragozzine	JR	Oneonta	13.85m
14	Autumn Bernava	SO	RIT	13.78m
15	Emily DiMarco	SR	RIT	13.74m
16	Trinity Dees	JR	Brockport St	13.72m
17	Lainey Porter	SR	Brockport St	13.71m
18	Marinna Heichberger	JR	RIT	13.68m
19	Madison Vargas	SO	Rochester	13.54m
20	Payton Mehalick	JR	SUNY Geneseo	13.52m
21	Cora Rose	SR	Rochester	13.36m
22	Katelyn Shoemaker	JR	King's (Pa.)	13.34m
23	Kathleen Monahan	JR	CMU	13.32m
24	Rhian Crowley	SO	Brockport St	12.97m
25	Jazelle McIntyre	JR	Fisher	12.97m
25	Hailey Hrouda	SO	Utica	12.97m
27	Zoe Chafouleas	SR	Rochester	12.96m
28	Anna Steed	JR	Fisher	12.96m
29	Rebecca Heuler	SR	Brockport St	12.94m
30	Mackenzie Gillette	JR	Alfred State	12.64m
31	Emily Rolince	SO	Nazareth	12.26m
32	Bailee Drummond	SO	RIT	12.12m
33	Taygin Jump	SO	Plattsburgh	12.11m
34	Bella Rivera	FR	Brockport St	12.08m
35	Kayla Rountree	SR	CMU	12.05m
36	Taylor Fischer	FR	Fisher	11.89m
37	Tessy Huntley	FR	Plattsburgh	11.73m
38	Aimee Oszer	SO	Rochester	11.71m
39	Ranasia Bailey	JR	Utica	11.65m
40	Savana Henry	FR	Brockport St	11.47m
41	Harmony Sanders	FR	Plattsburgh	11.05m
42	Mackenzie Lawrence	FR	Oneonta	10.92m
43	Cora Hotchkiss	FR	Brockport St	10.17m
---	Sarah Parr	SR	Brockport St	FOUL
---	Ciara Donegan	SR	Catholic	FOUL

Nazareth D3 Elite Meet
Golisano Training Center - 2/14/2025 to 2/15/2025

Results

Men 60 Meter Dash

AARFTC: 7.02 A

Facility: 6.74 F 3/5/2022 Jalen Leonard-Osbourne

Name	Yr	School	Prelims
Preliminaries			
1	Charles Cypress	JR Plattsburgh	A 6.96Q
2	Devin Chang	FR CMU	7.03Q
3	Sam Compton	JR Catholic	7.03Q
4	James Galang	SR Catholic	7.06Q
5	Bergen Caprood	FR SUNY Geneseo	7.06Q
6	Derek Grimshaw	SO Brockport St	7.07Q
7	Ronan Marston	FR Rochester	7.14Q
8	Jevontae Fearwell	SR Catholic	7.06q
9	Bennett Wong	JR CMU	7.16
10	Jonathan Jacobs	SR RIT	7.16
11	Jordan Williams	JR Plattsburgh	7.17
12	Sakyi Okwaning	SO Union (N.Y.)	7.19
13	Victor Ruhland	FR CMU	7.20
14	Judson Delany	JR Brockport St	7.20
15	Aaron Binion	SO Union (N.Y.)	7.20
16	Matthew Yu	SO CMU	7.21
17	Will Stiska	FR Rochester	7.22
18	Cole Ferris	SO Brockport St	7.22
19	Sebastian Lopez	SR Catholic	7.22
20	Alexander Darrigo	FR Oneonta	7.23
21	Justin Rushia	FR Plattsburgh	7.26
22	Manny Eribo	SR Rochester	7.27
23	Ben Cerreta	FR RIT	7.27
24	Nathaniel Evelyn	SO FDU-Florham	7.28
25	Shane Tinney	SR Utica	7.29
26	Oliver Annon	JR Rochester	7.29
27	Bryce Roberts	FR Brockport St	7.29
28	Julien Crandall	SO SUNY Geneseo	7.29
29	Nathaniel Kraft	FR RIT	7.32
30	Romell Randolph	FR Catholic	7.34
31	Tariq Earl	SO Oneonta	7.34
32	Brock Young	JR Fisher	7.35
33	Daniel Pagan	FR SUNY Geneseo	7.36
34	Marco Indelicato	SO Catholic	7.37
35	Jackson Burton	FR SUNY Geneseo	7.37
36	Ethan Fox	JR Fisher	7.39
37	Kyle Kelsey	SO Rochester	7.40
38	Diego De Los Santos	SO Rochester	7.41
39	David Lang	FR SUNY Geneseo	7.43
40	Jonathan McNamara	SR SUNY Geneseo	7.45
41	Mark Cappellino	SO Oneonta	7.45
42	Jack Pomykaj	JR Nazareth	7.48
43	Colin Bresnihan	FR Oneonta	7.53
44	Trevor Whitney	FR Rochester	7.56
45	Jason Bletsko	JR Nazareth	7.58
46	Narmer Johnson	SO Oneonta	7.59
47	Nicholas Lusardi	SO RIT	7.68
48	Thomas Pinkowski	SO Oneonta	7.70
---	Mekhi Dozier	SO Brockport St	FS
---	Marcus Lewis	JR SUNY Geneseo	FS

Men 60 Meter Dash

AARFTC: 7.02 A

Facility: 6.74 F 3/5/2022 Jalen Leonard-Osbourne

Name	Yr	School	Finals
Finals			
1	Charles Cypress	JR Plattsburgh	6.95A
2	Sam Compton	JR Catholic	7.04
3	Bergen Caprood	FR SUNY Geneseo	7.06
4	Devin Chang	FR CMU	7.08
5	Jevontae Fearwell	SR Catholic	7.09
6	Derek Grimshaw	SO Brockport St	7.09
7	James Galang	SR Catholic	7.14
8	Ronan Marston	FR Rochester	7.19

Men 200 Meter Dash

AARFTC: 22.50 A

Facility: 21.88 F 3/5/2022 Andy Frank

Name	Yr	School	Finals
Finals			
1	Sam Ahern	SR Union (N.Y.)	21.93A
2	Charles Cypress	JR Plattsburgh	22.08A
3	Michael Durski	SO Brockport St	22.46A
4	Alexander Mitchell	JR Grove City	22.47A
5	Tanner Warren	SO Utica	22.47A
6	Max Stein	SR RIT	22.62
7	Nolan Flynn	JR Utica	22.62
8	Cole Ferris	SO Brockport St	22.63
9	Bennett Wong	JR CMU	22.70
10	Jevontae Fearwell	SR Catholic	22.73
11	Ellis Urgent	FR Utica	22.75
12	Andrew Novrocki	SR King's (Pa.)	22.78
13	Sam Compton	JR Catholic	22.80
14	James Galang	SR Catholic	23.02
15	Bergen Caprood	FR SUNY Geneseo	23.03
16	Ayden Grinion	JR Brockport St	23.05
17	Judson Delany	JR Brockport St	23.11
18	Aaron Binion	SO Union (N.Y.)	23.16
19	Aidan Bradley	FR Union (N.Y.)	23.27
20	Jeremy Chen	JR Brockport St	23.30
21	Matthew Yu	SO CMU	23.34
22	Cameron Spears	JR Oneonta	23.39
23	Devin Chang	FR CMU	23.39
24	Sakyi Okwaning	SO Union (N.Y.)	23.45
25	Marco Indelicato	SO Catholic	23.52
26	Victor Ruhland	FR CMU	23.55
27	Joshua Jerome	JR Oneonta	23.60
28	Jeremiah Knowles	FR Grove City	23.62
29	Gian Carlo Di Fava	SO SUNY Geneseo	23.62
30	Dominick Moore	FR Utica	23.66
31	Romell Randolph	FR Catholic	23.68
32	Ben Cerreta	FR RIT	23.69
33	Lincoln Riddle	JR Juniata	23.71
34	Brock Young	JR Fisher	23.73
35	Alex Wiseman	FR RIT	23.74
36	Justin Rushia	FR Plattsburgh	23.78

Nazareth D3 Elite Meet
Golisano Training Center - 2/14/2025 to 2/15/2025

Results

Finals ... (Men 200 Meter Dash)

	Name	Yr	School	Finals
37	Bryce Roberts	FR	Brockport St	23.80
38	Mike Welch		Unattached	23.85
39	Alek Gorski	FR	King's (Pa.)	23.87
40	Trevor Whitney	FR	Rochester	23.91
41	Narmer Johnson	SO	Oneonta	23.92
42	Nick Troy	SR	Catholic	23.94
43	Diego De Los Santos	SO	Rochester	23.95
44	Masen Valachovic	FR	Oneonta	24.01
45	Colin Hascup	SR	Rochester	24.04
46	Arturo Contreras Jr.	SO	Rochester	24.05
47	Alexander Darrigo	FR	Oneonta	24.07
48	Will Stiska	FR	Rochester	24.13
49	Nicholas Lusardi	SO	RIT	24.14
50	Mark Cappellino	SO	Oneonta	24.19
51	Nathaniel Evelyn	SO	FDU-Florham	24.21
52	Nick Darrigo	JR	Oneonta	24.29
53	Ethan Fox	JR	Fisher	24.30
54	Shane Tinney	SR	Utica	24.33
55	Colin Bresnihan	FR	Oneonta	24.38
56	Ziayan Omer	FR	Union (N.Y.)	24.43
57	Jonathan Jacobs	SR	RIT	24.52

Men 400 Meter Dash

AARFTC: 50.30 A

Facility: 48.26 F 3/5/2022 Kieran Sheridan

	Name	Yr	School	Finals
Finals				
1	Alexander Mitchell	JR	Grove City	49.23A
2	Jack Defeo	SO	RIT	49.38A
3	Max Stein	SR	RIT	49.68A
4	Michael Durski	SO	Brockport St	49.88A
5	Andrew Novrocki	SR	King's (Pa.)	49.96A
6	Ayden Grinion	JR	Brockport St	50.05A
7	Michael Puglisi	JR	Nazareth	50.47
8	Cole Ferris	SO	Brockport St	50.56
9	Jeremiah Knowles	FR	Grove City	50.86
10	Cameron Spears	JR	Oneonta	51.47
11	Jack Healy	SO	Nazareth	51.80
12	Nick Troy	SR	Catholic	51.85
13	Alek Gorski	FR	King's (Pa.)	51.91
14	Thomas Stasichin	FR	Oneonta	52.02
15	Ben Lewis	SR	Nazareth	52.39
16	Daniel Pagan	FR	SUNY Geneseo	52.46
17	Marcus Lewis	JR	SUNY Geneseo	52.51
18	Ethan Cypress	FR	Plattsburgh	52.53
19	Colin Hascup	SR	Rochester	52.53
20	Lincoln Riddle	JR	Juniata	52.55
21	Owen Hatungimana	FR	Rochester	52.68
22	Evan Smith	SO	Utica	52.74
23	Derek Grimshaw	SO	Brockport St	52.92
24	Aidan Bradley	FR	Union (N.Y.)	53.01
25	Sean Graves	SO	RIT	53.21
26	Ryan Beltran	SO	Plattsburgh	53.22
27	Justin Berkowitz	FR	Oneonta	53.27

28	Mark Magyar	SO	Rochester	53.29
29	Colin Matthews	SO	Catholic	53.42
30	Joseph Nettles	SR	Nazareth	53.45
31	Mike Welch		Unattached	53.46
32	Joshua Gaboriault	FR	Plattsburgh	53.51
33	Alex Wiseman	FR	RIT	53.51
34	Aidan Savitt	JR	Union (N.Y.)	53.52
35	Andrew Koubek	JR	RIT	53.87
36	Emmett Hansen	FR	Rochester	53.94
37	Elijah VanHoover	SO	Rochester	53.99
38	Ziayan Omer	FR	Union (N.Y.)	54.14
39	Colin Bresnihan	FR	Oneonta	54.36
40	Nick Darrigo	JR	Oneonta	54.58
41	Jack Gregory	FR	Plattsburgh	55.04
42	Ashton Tokarski	SO	Rochester	55.81

Men 800 Meter Run

AARFTC: 1:57.50 A

Facility: 1:51.98 F 2/18/2022 Ryan Karker

	Name	Yr	School	Finals
Finals				
1	John Elliot	FR	RIT	1:54.95A
2	Peter Winter	FR	Catholic	1:56.93A
3	Connor Kerr	SO	Brockport St	1:57.13A
4	Noah Flanders	SR	RIT	1:57.18A
5	Kendrick DuPree	JR	Catholic	1:57.23A
6	Eddy Corporan	SO	Utica	1:58.05
7	Veyd Patil	FR	CMU	1:58.22
8	Isaac Young	JR	Grove City	1:58.64
9	Bryan Friedel	JR	SUNY Geneseo	1:58.93
10	Jack Hislop	SR	SUNY Geneseo	1:59.12
11	Brett Doxsee	JR	SUNY Geneseo	1:59.19
12	Justin Kumrow	SR	Plattsburgh	1:59.52
13	Patrick. Kenyon	SR	RIT	1:59.76
14	Isaac Busler	JR	Grove City	1:59.82
15	Sean Verbosky	FR	SUNY Geneseo	1:59.90
16	Owen Sweet	FR	SUNY Geneseo	2:00.48
17	Dawson Tooker	SR	SUNY Geneseo	2:00.80
18	Tobias Jeralds	JR	Utica	2:01.53
19	Zach Terrano	FR	Rochester	2:01.84
20	Tyler Knaggs	SO	Brockport St	2:01.95
21	Matt DeJulio	SO	Plattsburgh	2:02.46
22	Forest Martin	SO	Utica	2:02.53
23	Frank Calhoun	FR	Brockport St	2:03.02
24	Tristan Vargo	SR	Utica	2:03.04
25	Cody Harloff	SO	Brockport St	2:03.28
26	Tim Sheahan	SO	SUNY Geneseo	2:03.38
27	Cole Hastings	SO	Nazareth	2:04.01
28	Tyler Petty	SR	King's (Pa.)	2:04.17
29	Cassidy Gilmore	JR	Brockport St	2:04.58
30	Joseph Coughlin	SR	RIT	2:04.73
31	Mamadou Barry	SO	Alfred State	2:04.76
32	Luke Dacey	FR	SUNY Geneseo	2:04.84
33	Matthew Quinn	SR	Brockport St	2:05.58
34	Joe Cataldo	JR	Nazareth	2:05.68
35	Matt Chaikowsky	JR	RIT	2:06.19

Nazareth D3 Elite Meet
Golisano Training Center - 2/14/2025 to 2/15/2025

Results

Finals ... (Men 800 Meter Run)

	Name	Yr	School	Finals
36	Kyle Collins	SR	Union (N.Y.)	2:06.51
37	Jonathan Okorie	FR	CMU	2:06.61
38	Timothy Jeralds	SO	Utica	2:06.69
39	Thuan Nguyen	FR	Nazareth	2:06.80
40	Michael McGowan	SR	Brockport St	2:08.98
---	Sean Dutton	SR	CMU	DNF

Men 1 Mile Run

AARFTC: 4:22.00 A

Facility: 4:10.25 F 3/2/2024 Ryan Hagan

	Name	Yr	School	Finals
Finals				
1	Owen Foytack	JR	King's (Pa.)	4:16.48A
2	Conor Gross	SR	Catholic	4:17.50A
3	Cade Eells	SR	Nazareth	4:18.71A
4	Bennett Melita	SO	Utica	4:18.78A
5	Ethan Kenyon	SR	Nazareth	4:19.10A
6	Connor Hitt	FR	SUNY Geneseo	4:19.26A
7	Benjamin Neff	SR	Union (N.Y.)	4:19.30A
8	Liam Sakakeeny	FR	Rochester	4:21.07A
9	Owen Murphy	FR	SUNY Geneseo	4:22.31
10	Christian Wescott	FR	Alfred State	4:22.48
11	Brian Kenny	JR	SUNY Geneseo	4:24.38
12	Sam Viglione	SO	SUNY Geneseo	4:25.51
13	Brandon Blandino	FR	RIT	4:26.18
14	Brandon Yanguas	FR	SUNY Geneseo	4:26.35
15	Evan Owens	JR	RIT	4:27.80
16	Andy Freeman	SR	Rochester	4:28.37
17	Benjamin Betrus	FR	Brockport St	4:29.58
18	Liam Fitzgibbon	FR	Union (N.Y.)	4:29.79
19	York Bourgeois	FR	CMU	4:31.91
20	William Plante	JR	Union (N.Y.)	4:32.57
21	Matt Califf	FR	RIT	4:33.07
22	Aidan Glynn	SR	SUNY Geneseo	4:33.28
23	Dawson Tooker	SR	SUNY Geneseo	4:33.71
24	Zander Brown	SO	Plattsburgh	4:34.78
25	Michael Fitzmaurice	SO	Union (N.Y.)	4:34.87
26	David Stango	SO	Catholic	4:35.72
27	Kyle Lovenguth	FR	Brockport St	4:36.87
28	Cayden Robleno	FR	SUNY Geneseo	4:37.20
29	Samuel Adamson	SO	RIT	4:37.24
30	Bretton Garrick	SO	Union (N.Y.)	4:37.54
31	Matt Hayden	SR	Oneonta	4:37.94
32	Jamie Schappi	SR	Fisher	4:41.88
33	Noah Pickard	SO	Oneonta	4:41.90
34	Tyler Grossman	FR	Brockport St	4:42.05
35	Connor Demo	SO	Brockport St	4:43.18
36	Andrew Scheible	SO	Rochester	4:45.66
37	Logan Iversen	FR	Brockport St	4:47.44
38	Nate Flaherty	FR	RIT	4:48.19
39	Benicio Benzan	FR	RIT	4:48.27
40	Brennan Farr	SO	Nazareth	4:48.69
41	Michael Paoletti	SO	RIT	4:53.96
42	Nicholas Koch	FR	Brockport St	4:54.56

Men 3000 Meter Run

AARFTC: 8:47.00 A

Facility: 8:17.96 F 1/29/2022 Graham Tuohy-Gaydos

	Name	Yr	School	Finals
Finals				
1	Ryan Russell	SR	Union (N.Y.)	8:36.01A
2	Austin Schoen	SR	SUNY Geneseo	8:42.75A
3	Thomas Damiani	JR	CMU	8:43.53A
4	Nicolo Fasanelli	FR	CMU	8:46.40A
5	Joe Wolfe	SR	Catholic	8:48.84
6	Chris Schimkus	SO	Oneonta	8:52.54
7	James Tette	FR	SUNY Geneseo	8:53.78
8	Logan Baker	FR	SUNY Geneseo	8:55.67
9	Kenji Tella	JR	CMU	8:56.23
10	Nate Kulp	SR	Fisher	8:56.57
11	Jon Sullo	SR	Rochester	8:58.83
12	Owen Willard	FR	SUNY Geneseo	9:01.65
13	Joseph Locke	SO	Catholic	9:02.08
14	Sam Cohen	FR	Rochester	9:07.40
15	Nolan Goldthwaite	JR	Rochester	9:10.10
16	Jackson Burger	SO	RIT	9:11.19
17	Anthony Leotta	JR	Utica	9:13.71
18	JJ Montemaro	JR	Brockport St	9:14.20
19	Connor Couperus	SO	Brockport St	9:15.01
20	Richard Santarosa	SR	Rochester	9:22.84
21	Thomas Breimer	SR	Union (N.Y.)	9:23.34
22	Brady Ruediger	FR	Brockport St	9:32.85
---	Bretton Garrick	SO	Union (N.Y.)	DNF
---	Benjamin Neff	SR	Union (N.Y.)	DNF

Men 5000 Meter Run

AARFTC: 15:25.00 A

Facility: 14:49.41 F 1/25/2020 Will McGovern

	Name	Yr	School	Finals
Finals				
1	Oliver Moss	FR	CMU	14:52.76A
2	Seth Williams	SR	CMU	14:53.78A
3	Derick Koen	JR	RIT	14:57.86A
4	Vishal Yalamanchili	SR	Rochester	15:00.46A
5	Kole Owens	SO	SUNY Geneseo	15:20.78A
6	Justin Thang	SR	SUNY Geneseo	15:26.96
7	Thomas Blake	FR	SUNY Geneseo	15:33.50
8	Owen Murphy	FR	SUNY Geneseo	15:35.17
9	Spencer Buff	FR	RIT	15:35.71
10	Dylan Friel	SO	SUNY Geneseo	15:37.52
11	John Balk Jr.	SR	Oneonta	15:42.30
12	Gabriel Spanbauer	SR	SUNY Geneseo	15:52.90
13	Evan Fisher-Perez	SR	RIT	15:56.73
14	Cam Almy	JR	Nazareth	15:59.74
15	Max Knight	FR	Alfred State	16:04.11
16	Zachary Brown	JR	Utica	16:05.36
17	William Eskenas	SO	Rochester	16:14.18
18	Connor Jackson	JR	Nazareth	16:23.47
19	Reid Hooker	JR	Fisher	16:27.57
20	Ben Pistiner	SO	Union (N.Y.)	16:34.28

Nazareth D3 Elite Meet

Golisano Training Center - 2/14/2025 to 2/15/2025

Results

Finals ... (Men 5000 Meter Run)				
	Name	Yr	School	Finals
21	Denali Rodriguez-Garnica	JR	Plattsburgh	16:43.92
22	Jacob Fricano	SR	RIT	16:48.15
23	Howie Vargas	SO	Brockport St	16:57.23

Men 60 Meter Hurdles				
AARFTC:		8.60 A		
Facility:		8.01 F 3/2/2024 Kwaku Nkrumah		
	Name	Yr	School	Prelims

Preliminaries				
1	Luke Freimanis	FR	CMU	A 8.21Q
2	Tariq Earl	SO	Oneonta	A 8.39Q
3	Jacen Mitchell	SO	RIT	A 8.53Q
4	Jason Bois	JR	Union (N.Y.)	A 8.57Q
5	Jeremy Chen	JR	Brockport St	A 8.59q
6	Chilowe Osai	SR	Catholic	8.71q
7	Eric Antonecchia	JR	RIT	8.78q
8	Kevin Brown	FR	Brockport St	8.79q
9	Cade Tavares	FR	Utica	8.89
10	Jackson Gloskey	JR	SUNY Geneseo	8.92
11	Masen Valachovic	FR	Oneonta	8.92
12	Cory Jarvis	SO	SUNY Geneseo	8.92
13	Tyshawn Taylor	FR	Utica	8.95
14	Oren Welch	FR	Fisher	8.96
15	Mark Magyar	SO	Rochester	8.96
16	Jonathan McNamara	SR	SUNY Geneseo	9.01
17	Holden Thomas	JR	Nazareth	9.03
18	Aaron Lund	JR	Nazareth	9.16
19	Daniel Pagan	FR	SUNY Geneseo	9.20
20	Cayden Drost	SO	Catholic	9.24
21	Harley Hugunine	FR	Utica	9.31
22	Brady Szekeres	JR	Utica	9.31
23	Cole Henderson	FR	RIT	9.38
24	Casey Potrebic	JR	CMU	9.38
25	Elijah VanHoover	SO	Rochester	9.39
26	William Beck	SR	Union (N.Y.)	9.40
27	Tyler Baker	SO	Plattsburgh	9.40
28	Ryan DeShane	JR	Nazareth	9.41
29	Justin Berkowitz	FR	Oneonta	10.74

Men 60 Meter Hurdles				
AARFTC:		8.60 A		
Facility:		8.01 F 3/2/2024 Kwaku Nkrumah		
	Name	Yr	School	Finals

Finals				
1	Tariq Earl	SO	Oneonta	8.42A
2	Jacen Mitchell	SO	RIT	8.52A
3	Jeremy Chen	JR	Brockport St	8.61
4	Chilowe Osai	SR	Catholic	8.79
5	Eric Antonecchia	JR	RIT	8.84
6	Kevin Brown	FR	Brockport St	8.89
7	Jason Bois	JR	Union (N.Y.)	8.89

Men 4x400 Meter Relay				
AARFTC:		3:27.00 A		
Facility:		3:16.32 F 1/25/2025 Cortland St.		
E Jensen, Z Cheatham, H Gavalas, J Jeffes				
Team		Relay		Finals

Finals				
1	RIT	A	3:19.15A	
2	Utica	A	3:22.63A	
3	Catholic	A	3:23.78A	
4	Grove City	A	3:24.40A	
5	Carnegie Mellon	A	3:27.60	
6	Oneonta	A	3:28.21	
7	Nazareth	A	3:36.48	
8	Plattsburgh St.	A	3:43.35	

Men Distance Medley				
AARFTC:		10:40.00 A		
Facility:		10:06.06 F 3/6/2020 Rowan		
N Neville, V Delle, J Devito, K Lauer				
Team	Relay	Finals		

Finals				
1	Nazareth	A	10:23.45A	
2	Utica	A	10:27.89A	
3	RIT	A	10:35.56A	
4	St. John Fisher	A	11:05.98	
5	Nazareth	B	11:23.04	

Men High Jump				
AARFTC:		1.92m A		
Facility:		2.20m F 3/5/2022 Kyle Rollins		
	Name	Yr	School	Finals

Finals				
1	Aadit Jain	JR	Rochester	1.92mA
2	Cardin Chau	FR	Brockport St	1.92mA
3	Erich Brown	SO	RIT	1.92mA
4	Dylan Rose	FR	Fisher	1.87m
4	Trevor Krukin	FR	RIT	1.87m
6	Sebastian Sanso	SR	CMU	1.87m
7	Jackson Hooper	FR	Plattsburgh	1.82m
8	Cory Jarvis	SO	SUNY Geneseo	1.82m
8	Kaiden McCaskill	SO	Utica	1.82m
10	Dillon Murphy	JR	Brockport St	1.77m
11	Jake Galley	FR	Brockport St	1.77m
12	Bradley Baybutt	SR	RIT	1.77m
12	Kyle Reid	SR	Nazareth	1.77m
14	Jack Galley	FR	Brockport St	1.77m
15	Gian Carlo Di Fava	SO	SUNY Geneseo	1.72m
15	Nicholas Galasso	FR	RIT	1.72m
15	Kuyler Coffin	JR	Fisher	1.72m
18	Quinn Brubaker	FR	Catholic	1.72m
18	Sean Stewart	SR	SUNY Geneseo	1.72m
18	Jayden Tsoi	SO	Oneonta	1.72m
18	Jason Bois	JR	Union (N.Y.)	1.72m
22	Tate Finger	SO	Rochester	1.72m
22	Tyler Baker	SO	Plattsburgh	1.72m

Nazareth D3 Elite Meet
Golisano Training Center - 2/14/2025 to 2/15/2025

Results

Finals ... (Men High Jump)

Name	Yr	School	Finals
--- Jack Valentine	FR	Brockport St	NH
--- Jason Marchincin	JR	Nazareth	NH
--- Brendan Hall	FR	Fisher	NH

Men Pole Vault

AARFTC: 4.45m A

Facility: 5.40m F 12/6/2019 Zach Ferrara

Name	Yr	School	Finals
Finals			
1 Zach Ferrara		Unattached	5.08mA
2 Cody Reeth	JR	Rochester	4.48mA
3 Casey Potrebic	JR	CMU	4.33m
4 Solomon Glavach	SO	CMU	4.33m
5 Tyler Miller	SR	Brockport St	4.33m
6 Will D'Agata	FR	Nazareth	4.33m
7 Lucas Knappenberger	FR	CMU	4.33m
8 Drew Allocco	JR	SUNY Geneseo	4.18m
9 Emmett Hansen	FR	Rochester	4.18m
10 Ben VanVranken	FR	Alfred State	4.18m
11 Jack Rathburn	JR	Utica	4.03m
12 Trey Feirman	SO	SUNY Geneseo	4.03m
12 Nolan Armitage	FR	Nazareth	4.03m
14 Nathan Sinclair	FR	Nazareth	4.03m
14 Chris Desiderio	FR	SUNY Geneseo	4.03m
14 Jack Pomykaj	JR	Nazareth	4.03m
--- Corey Suhr	SO	Brockport St	NH
--- JT Mariotti	FR	Alfred State	NH
--- Jack DiLiberto	JR	Brockport St	NH
--- Mason Wandtke	SO	Brockport St	NH
--- Jason Bletsko	JR	Nazareth	NH
--- Cameron Thomas	SO	Brockport St	NH
--- Jack Maness	JR	Rochester	NH

Men Long Jump

AARFTC: 6.65m A

Facility: 7.58m F 1/11/2025 Aiden Bryant

Name	Yr	School	Finals
Finals			
1 Manuel Sepulveda	SO	Fisher	7.06mA
2 Morgan Johnson	JR	CMU	6.97mA
3 Ellis Urgent	FR	Utica	6.91mA
4 Luke Freimanis	FR	CMU	6.73mA
5 Aadit Jain	JR	Rochester	6.65mA
6 Ayobami Adebayo	FR	Oneonta	6.63m
7 Dennis Bobbitt	FR	Brockport St	6.62m
8 Isaiah Ritter	SO	Plattsburgh	6.61m
9 Thomas Fey	FR	Brockport St	6.61m
10 Manny Eribo	SR	Rochester	6.59m
11 Isaiah Slater	SO	Oneonta	6.52m
12 Adam Reifsteck	JR	Nazareth	6.47m
13 Tyler Baker	SO	Plattsburgh	6.38m
14 Isaac Rivet	SR	Alfred State	6.38m
15 Jordan White	FR	Alfred State	6.37m
16 Oliver Annon	JR	Rochester	6.33m

17 Tyler Konter	FR	Alfred State	6.33m
18 Aden Alexander	JR	Alfred State	6.33m
19 Griffin Killian	SO	Fisher	6.32m
20 Adam Curtis	FR	Brockport St	6.31m
21 Jayden Tsoi	SO	Oneonta	6.31m
22 Collin Dicks	FR	Brockport St	6.30m
23 Sean Stewart	SR	SUNY Geneseo	6.29m
24 Austin Lansey	FR	Rochester	6.28m
25 Trey Feirman	SO	SUNY Geneseo	6.26m
26 Joshua Jerome	JR	Oneonta	6.25m
27 Bryce Roberts	FR	Brockport St	6.24m
28 Jonathan McNamara	SR	SUNY Geneseo	6.22m
29 Daniel Pagan	FR	SUNY Geneseo	6.16m
30 Hunter Zangerle	JR	Brockport St	6.16m
31 Jack Pomykaj	JR	Nazareth	6.12m
32 Samuel Burns	FR	Fisher	6.11m
33 Patrick Wands	FR	Utica	6.09m
34 Herven Sanon	SO	Brockport St	6.02m
35 Jason Weng	JR	Fisher	6.01m
36 Quinn Grover	FR	Brockport St	5.92m
37 Jackson Burton	FR	SUNY Geneseo	5.88m
38 Kedron Golden	JR	Utica	5.83m
39 Regis Agbata	SO	RIT	5.75m
40 Marcus Lewis	JR	SUNY Geneseo	5.63m
41 Aaron Lund	JR	Nazareth	5.54m
42 Jackson Gloskey	JR	SUNY Geneseo	5.02m
--- Kyle Kelsey	SO	Rochester	FOUL
--- Joseph Ciardi	JR	Oneonta	FOUL

Men Triple Jump

AARFTC: 13.40m A

Facility: 15.57m F 12/6/2024 Cole Goodman

Name	Yr	School	Finals
Finals			
1 Austin Lansey	FR	Rochester	13.90mA
2 Sebastian Sanso	SR	CMU	13.86mA
3 Joshua Jerome	JR	Oneonta	13.63mA
4 Dennis Bobbitt	FR	Brockport St	13.53mA
5 Atai Tahasan	SO	CMU	13.46mA
6 Adam Reifsteck	JR	Nazareth	13.40mA
7 Sam Lorenzetti	SR	Rochester	13.37m
8 Aden Alexander	JR	Alfred State	13.04m
9 Sean Stewart	SR	SUNY Geneseo	13.01m
10 Thomas Fey	FR	Brockport St	12.96m
11 Tyler Konter	FR	Alfred State	12.79m
12 Isaiah Slater	SO	Oneonta	12.79m
13 Lucas Knappenberger	FR	CMU	12.68m
14 Chris Desiderio	FR	SUNY Geneseo	12.68m
15 Noah Dueker	SO	Fisher	12.65m
16 Thomas Pinkowski	SO	Oneonta	12.61m
17 Quinn Grover	FR	Brockport St	12.60m
18 Ayobami Adebayo	FR	Oneonta	12.56m
19 Justin Couture	FR	Utica	12.50m
20 Kedron Golden	JR	Utica	12.47m
21 David Argentieri	SO	Fisher	12.46m
22 Patrick Wands	FR	Utica	12.44m

Nazareth D3 Elite Meet
Golisano Training Center - 2/14/2025 to 2/15/2025

Results

Finals ... (Men Triple Jump)

	Name	Yr	School	Finals
23	Cameron Rynders	SR	Brockport St	12.27m
24	Adrian Villatoro	FR	Catholic	12.18m
25	Nick Chang	SO	Catholic	12.03m
26	Jayden Tsoi	SO	Oneonta	11.98m
27	David Lang	FR	SUNY Geneseo	11.90m
28	Aaron Binion	SO	Union (N.Y.)	11.88m
---	Ryan DeShane	JR	Nazareth	FOUL

Men Shot Put

AARFTC: 14.50m A

Facility: 17.27m F 2/21/2020 Tony DeYoung

	Name	Yr	School	Finals
Finals				
1	Hunter Logan	SR	Utica	16.29mA
2	Graeden Heichberger	FR	Nazareth	15.34mA
3	Daniel Davis	FR	Fisher	14.57mA
4	Ethan Beer	SO	Rochester	14.56mA
5	Johnathan Crawshaw	SO	CMU	14.44m
6	Jordan Johnson	SR	Rochester	14.15m
7	Nick Wright	FR	Brockport St	14.14m
8	Ray Trottier	SO	SUNY Geneseo	13.58m
9	Billie Mays III	SR	Utica	13.56m
10	Mitchell Ellsworth	SO	Brockport St	13.13m
11	Dylan Rykert	SR	Rochester	13.07m
12	Spencer Siegel	FR	Juniata	13.04m
13	Casey Potrebic	JR	CMU	13.03m
14	Sawyer Eckberg	JR	Oneonta	12.99m
15	Kevin Fobare	SR	Rochester	12.94m
16	Hunter Richards	FR	Brockport St	12.87m
17	Allen Reome	FR	Brockport St	12.76m
18	Matt Muscolo	SR	Brockport St	12.73m
19	Jayden Carroll	SO	SUNY Geneseo	12.63m
20	Tyler Lantrip	SO	Alfred State	12.63m
21	Nathaniel Deyak	SR	CMU	12.55m
22	Michael Rollins	SR	Utica	12.50m
23	Kevin Taylor	FR	RIT	12.45m
24	David Dobrowolski	SO	Nazareth	12.30m
25	Jairo Agosto	SO	Alfred State	12.28m
26	Victor Crawshaw	SO	CMU	12.17m
27	Yohermy Kpodo	SR	RIT	12.10m
28	Loren Baker	SO	RIT	12.00m
29	Duncan Harbin	SO	Brockport St	11.86m
30	Noah Wilson	SO	RIT	11.84m
31	Justin Baldwin	SO	Oneonta	11.57m
32	Paul Hayes	SO	SUNY Geneseo	11.48m
33	Nicholas Bocach	JR	Brockport St	11.43m
34	Edward Haeffer	SO	Utica	11.39m
35	Brian Calderon	FR	Brockport St	11.11m
36	Jacob DeWilde	SR	Brockport St	11.11m
37	Cole Fuller	SR	Fisher	11.04m
38	Liam Stempien	FR	Brockport St	10.70m
39	Connor Rinas	FR	Nazareth	10.63m
40	Ben Meyer	SO	Nazareth	10.10m
41	Mason Banks	SO	RIT	9.97m

---	Joshua Dolansky	FR	RIT	FOUL
---	Joey Curr	JR	Fisher	FOUL
---	Chris Miller	SO	SUNY Geneseo	FOUL

Men Weight Throw

AARFTC: 15.70m A

Facility: 20.94m F 3/2/2024 Nathan Williams

	Name	Yr	School	Finals
Finals				
1	Jordan Johnson	SR	Rochester	18.50mA
2	Brandon Kaplan	JR	Fisher	17.52mA
3	Spencer Borghardt	JR	Utica	16.95mA
4	David Dobrowolski	SO	Nazareth	16.85mA
5	Josh Auler	SR	RIT	16.76mA
6	Graeden Heichberger	FR	Nazareth	16.57mA
7	Greg Raymond	SO	Alfred State	15.51m
8	Sawyer Eckberg	JR	Oneonta	15.46m
9	Erik Stephany	JR	RIT	15.37m
10	Blake Gannon	FR	Utica	15.10m
11	Zajans Crapo	SR	Rochester	14.66m
12	Marco Alteri	SR	Oneonta	14.61m
13	Blake Reese	FR	Fisher	14.51m
14	Armaan Butler	SO	Rochester	14.44m
15	Joshua Talbot	JR	Utica	14.44m
16	Mitchell Ellsworth	SO	Brockport St	14.32m
17	Jacob DeWilde	SR	Brockport St	14.21m
18	Gavin Grinnell	JR	Fisher	14.19m
19	Nathaniel Deyak	SR	CMU	14.06m
20	Kevin Fobare	SR	Rochester	13.93m
21	Duncan Harbin	SO	Brockport St	13.89m
22	Yohermy Kpodo	SR	RIT	13.79m
23	Eddie Bedient	JR	RIT	13.60m
24	Brandon Russell	SO	Alfred State	13.26m
25	Dominic Wolff	FR	Nazareth	13.13m
26	Connor Rinas	FR	Nazareth	13.09m
27	Justin Baldwin	SO	Oneonta	13.04m
28	Jairo Agosto	SO	Alfred State	12.94m
29	Hunter Richards	FR	Brockport St	12.93m
30	Michael Zatlukal	FR	Fisher	12.92m
31	Nicholas Bocach	JR	Brockport St	12.91m
32	Edward Haeffer	SO	Utica	12.86m
33	Chris Miller	SO	SUNY Geneseo	12.84m
34	Nick Wright	FR	Brockport St	12.81m
35	Paul Hayes	SO	SUNY Geneseo	12.81m
36	Jayden Carroll	SO	SUNY Geneseo	12.64m
37	Allen Reome	FR	Brockport St	12.61m
38	Liam Stempien	FR	Brockport St	12.57m
39	Johnathan Crawshaw	SO	CMU	12.30m
40	Loren Baker	SO	RIT	12.11m
41	Connor Vredenburgh	SO	Oneonta	12.01m
42	Michael Rollins	SR	Utica	11.94m
43	Matt Muscolo	SR	Brockport St	11.63m
44	Greg Watson	SO	RIT	10.81m
45	Ben Meyer	SO	Nazareth	10.61m
---	Victor Crawshaw	SO	CMU	FOUL